

This leaflet is issued by:

Essex County Council
Schools, Children and Families Directorate
Essex Family Information Service

Call us on **0800 055 6874**.

We are here to answer your call:

Monday to Thursday: 8.30am – 5.30pm

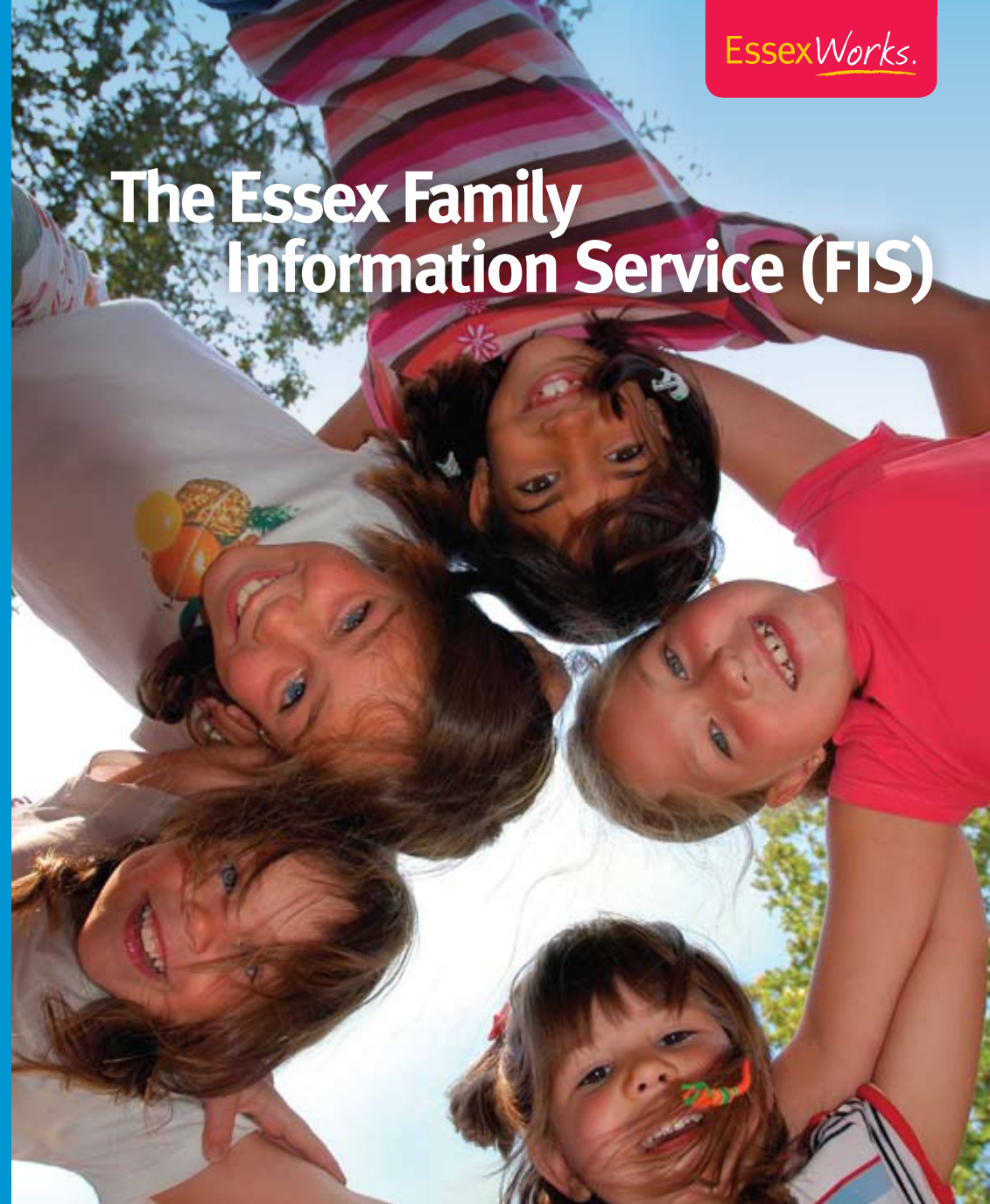
Friday: 8.30am – 5.00pm

You can also email us at **fis@essex.gov.uk**

The Family Information Service (FIS) is part of Essex County Council's Early Years and Childcare Service.

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The Essex Family Information Service (FIS) gives free, impartial information and guidance about services for children, young people and families in Essex.



How to contact us

You can call us on **0800 055 6874**.

Calls from a landline are free but you may be charged if you are using a mobile telephone.

We are here to answer your call Monday to Thursday:
8.30am – 5.30pm.

Friday: 8.30am – 5.00pm.

Outside these times you can leave a message and we will get back to you.

You can also email us at **fis@essex.gov.uk**

For information on services beyond Essex call the national helpline **0800 234 6346**.

How can we help you?

We hold a wide range of information. We can help you find registered childcare in your area,

local activity clubs for children and young people and family support and guidance.

We will do our best to answer your questions or signpost you to other organisations, who we hope will have the information you need.

Contact us to find out about

- free early education for children aged 3-4 years old
- local community groups and activities
- parenting support
- registered childcare
- tax credits and help with affording childcare
- what's happening at your local Children's Centre.

Helping you find local childcare

If you are looking for registered childcare we can search our database and advise you on what's available in your chosen area. We keep details of local:

- childminders
- Children's Centres
- day nurseries
- nursery schools and classes
- pre-schools/playgroups
- after school & holiday schemes
- nanny & au pair agencies
- parent and toddler lists.

Meeting you out and about

We are often out and about at community events and groups bringing information direct to families.

We regularly attend:

- Children Centre sessions
- health visitor drop-ins and clinics
- library sessions
- parent & toddler groups
- schools, often through extended schools events
- various Information Days.

Contact us to find out where we will be or to arrange a visit to a community venue near you.

