

Lunch club and meal providers in Essex

Lunch Clubs

Area	Name	Address	Telephone	Time
Benfleet	WRVS Benfleet Day Centre	WRVS Centre Richmond Avenue Benfleet SS7 5HE	01268 758624	Tuesday, Thursday 9.30am-3.00pm Wednesday 9.30am-1.30pm
Boreham	Mid Essex Friendship Club	Boreham Village Hall Main Road, Boreham, CM3 3JE	Mrs Joyce Young / Mrs Gillian Gibbs 01376 511794 / 01277 233875	Second Tuesday of each month at 2 pm
Brentwood	Billericay Ladies Probus Club	Mount Avenue Banqueting Suite Mount Avenue Hutton Brentwood CM13 1BQ	Mrs Margaret Berry (Secretary) 020 8491 6593	Second Monday of each month at 11.30am
Brentwood	Seniors First Friday Lunch	Harewood Road Communal Hall Brentwood CM15 9PD	01277 372084	First Friday of every month
Brentwood	Olive Branch Lunch Club	Sawyers Church Sawyers Hall Lane Brentwood CM15 9BN	01277 210422 / 01277 245832	Monday at 12 noon

Bures	First Friday Lunch Club	Bures Community Centre Nayland Rd Suffolk CO8 5BX	Carol Barnham 01787 228417	First Friday of each month 11am to 2pm
Canvey Island	Cisca House	Senior Citizens Association Cisca House Paddocks Area Canvey Island	01268 680985	Monday - Friday 10am - 4pm
Canvey Island	Lunch and Bingo	Age Concern Canvey The Paddocks Long Road Canvey Island SS8 OJA	01268 515883	Tuesday & Thursday 10am - 1.30pm
Chelmsford	Chelmsford Lunch Club	Age Concern (Chelmsford) Day Centre 17 Cottage Place Chelmsford CM1 1NL	Simon Hesselberg 020 8746 1864	First Wednesday of the month 10.30am - 2.30pm
Chelmsford	Food on Friday	Tile Kiln Church Robin Way Chelmsford CM2 8AU	01245 269691	Every Friday 12.30pm
Colchester	St John's Church Colchester	St John's Close Colchester CO4 0HP	Rev R P Fuller 01206 843232	Contact for day and time

Colchester	Colchester Lunch Club	RAD Centre for Deaf People Walsingham Road Colchester CO2 7BP	0845 688 2525	Meets every 2nd and 4th Thursday of the month 10.30am - 3.30pm
Colchester	The Rotary Club of Colchester Forum	Rose and Crown Hotel East Street Colchester CO1 2TZ	01206 866677	Thursday at 12.45pm
Great Dunmow	Dunmow Blind and Housebound Social Club	Dunmow Day Centre Great Dunmow CM6 1EQ	Mrs Diana Tapp (01371 872112 / 01371 856253)	Fortnightly during March -July & September - December Tuesday 2.15pm - 4.15pm
Hadleigh	Swans Green Diners Club	Swans Green Diners Club 7 Shepherds Close Hadleigh SS7 2LR		Mondays. 10.30am - 2pm
Hadleigh	WRVS Over 60's Club	WRVS Over 60's Club Rectory Road Hadleigh SS7 2NQ	01702 559794	Tuesdays, Wednesday & Thursdays 9.30am - 2pm

Harlow	Alzheimer's Society: Harlow Branch	Latton Bush Centre Southern Way Harlow CM18 7BH	Marion Howell 01279 418331	Please contact for details
Harlow	Quigy's Kitchen	Rainbow Services 2 Wych Elm Harlow CM20 1QP	01279 308150	Monday - Friday 10am - 2pm
Ilford	Green leaf	Liston Way Ilford IG8 7	0208 505 5001	Every Wednesday 12:30pm
Leigh-on-sea	Saint James the Great	Saint James the Great Elmsleigh Drive Leigh-on-Sea SS9 3DP	Rev Bill Bulloch 01702 471786	Wednesdays at 12.30pm
Loughton	Friday Lunch Club (Disability Essex)	Contact for lunch location	Disability Essex 0844 412 1771	Friday 9.30pm - 2.45pm in the day care centre
Maldon	Age Concern Lunch Club (Maldon)	Friends Meeting House, Butt Lane, Maldon, CM9 5HD	Mrs Pat Clark 01621 852950	Thursday at 12.30pm

Romford	Romford Lunch Club for the over 55's	St.Cedd's Centre for Deaf People Sims Close Romford RM1 3QT	020 8746 1864	Every 2nd and 4th Thursday of the month. 10.00am - 4.30pm
Silver End	Silver End Luncheon Club	Silver End Village Hall The Broadway Silver End CM8 3RQ	Amanda Boakes 0796 3391522	Most Fridays 12:30 - 2pm
Southend	Southend Lunch Club	St. Mellitus Centre for Deaf People 12 Oakhurst Road Southend SS2 5DT	01702 613 656	Meets every Wednesday. 10.30am - 3.00pm
Stansted	Stansted Lunch Club	Ring for next Lunch location	Alastair Richardson 07850295109	Every couple of months on a Wednesday 1.30pm
Stanway	Magnificent 7th	Contact for lunch location	020 8466 6139	First Wednesday of each month at 12.30pm
Thaxted	Thaxted Day Centre	Day Centre Vicarage Mead Thaxted CM6 2QW	Rev Ian Reed (01371 830094)	Monday to Friday, 12.30 pm

Meal Providers

Name	Address	Telephone	Type of food	Website
Wiltshire Farm Foods	23 Bowlers Croft Honywood Road Basildon Essex SS14 3DX	01268 288887	Frozen meals	www.wiltshirefarmfoods.com
Oakhousefoods	Unit 1 Challemead Business Park Brandford Melksham Wiltshire SN12 8BU	0845 643 2009	Frozen meals	www.oakhousefoods.co.uk
Eismann	Unit 31 Kenneth Way Wilstead Industrial Estate Wilstead MK45 3PD	0800 138 4627	Frozen meals	www.eismann.co.uk
Pink Garlic		01708 451655	Frozen meals	www.pink-garlic.co.uk
Supreme Cuisine	Unit 7 Warsop Trading Estate Hever road Edenbridge Kent TN8 5LD	01732 865866	Frozen meals	www.supreme-cuisine.co.uk

Sussex Farmhouse Meals	Unit 16 Decoy Rd Worthing West Sussex BN14 8ND	01903 823581	Frozen meals	www.sussexfarmhousemeals.co.uk
Creative Chefs	198 Burrs Road Clacton Essex CO15 4LN	01255 434946	Hot meals	www.creativechefs.co.uk
Meals on wheels (Essex County Council)		0845 603 7630	Hot Meals	

Transport

Name	Address	Telephone	Website
Basildon District Volunteer Carers	The George Hurd Centre 1st Floor Audley Way Basildon SS14 2FL	01268 465858	Basildon District Volunteer Carers
Braintree Community Transport	Causeway House Braintree CM7 9HB	01376 327357	Braintree Community Transport
Brentwood Community Transport	Town Hall Ingrave Road Brentwood CM15 8AY	01277 228080	Brentwood Community Transport
Castle Point Community Transport	Tyrells Centre 39 Seamore Avenue Thundersley SS7 4EX	01268 638411	Castle Point Community Transport
Chelmsford Community Transport	The Gate House 116 Rainsford Road Chelmsford CM1 2QL	01245 280732	Chelmsford Community Transport

Colchester CVS Community Transport Scheme	Winsley House High Street Colchester CO1 1UG	01206 562244	Colchester CVS Community Transport Scheme
Epping Forest CVS	Homefield House Civic Offices, High Street Epping CM16 4BZ	01992 564040	Epping Forest CVS
Harlow Community Transport	Unit 7 Latton Business Centre, Southern Way Harlow CM18 7BL	01279 446855	Harlow Community Transport
Wyvern Community Transport (Rochford)	St Lukes Place Dalys Road Rochford SS4 1RA	01268 777434	Wyvern Community Transport (Rochford)
Tendring Community Transport	Hurlingham Chambers 61 Station Road Clacton on Sea CO15 1SD	01255 436962	Tendring Community Transport
Uttlesford Community Transport	Unit 1 Fritch Industrial Estate, Chelmsford Road Dunmow CM6 1XJ	01371 875787	Uttlesford Community Transport

Maldon District Community
Transport

St. Cedds House
Princes Road
Maldon
CM9 5DL

01621 843164

[Maldon District Community Transport](#)

Travel Line

0871 200 22 33

www.traveline.info