

# ARE YOU CONCERNED?

Do you know an adult who is being treated badly, taken advantage of, or injured?

If so, call the  
**Ask SAL Helpline**

**08452 66 66 63**



Keeping adults safe across Essex

## Who is a vulnerable adult?

Someone in need of help because of a disability, illness or age and is unable to take care of themselves or stop someone else from harming or exploiting them.

## What is abuse?

Abuse may be:

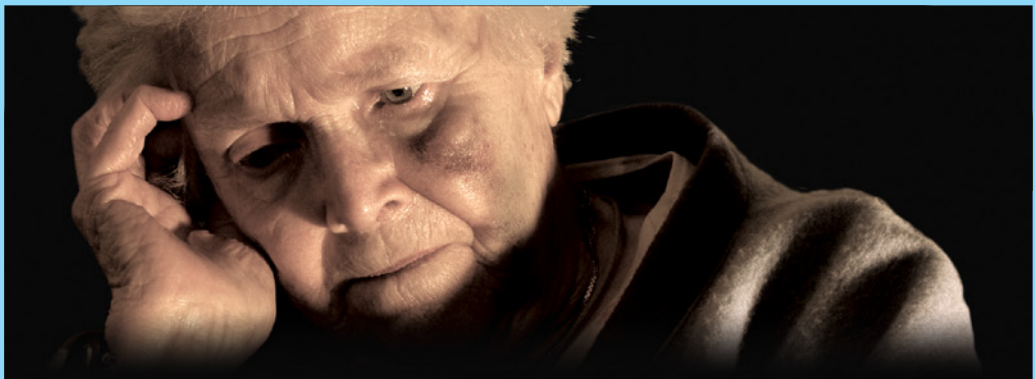
- Neglect
- Physical abuse
- Financial abuse
- Sexual abuse
- Psychological/Emotional abuse
- Discriminatory abuse
- Institutional abuse

## Who abuses and where does it happen?

Anyone can be an abuser. Abuse can happen anywhere e.g. in someone's own home, a residential or nursing home, day centres or hospitals.

## What can you do?

Report it. If you see, hear or suspect that a vulnerable adult is being abused call Ask Sal on **08452 66 66 63**



Call in confidence **08452 66 66 63**

### What to do if you suspect abuse

- Report it immediately
- Do not confront the alleged abuser
- If serious or sexual assault, do not touch or clean anything (including the victim), as this could destroy or taint evidence that may be required for any future criminal proceedings

### What happens next?

Whatever you tell us will be treated with sensitivity. You will be asked for details about the person you think is at risk or is being abused and about the person you think is the abuser.

It is very important that we protect the person you are worried about and that they are safe. Upon receipt of the concern we will look very carefully at the situation and following an investigation any outcome would depend on the individual circumstance and the wishes of the vulnerable person.

Visit  
**[www.asksal.org.uk](http://www.asksal.org.uk)**



Keeping adults safe across Essex

To receive this information in a text message, text **ASKSAL** to **60777**  
(Texts will be charged at standard network rate) (Calls from BT landlines will be charged at local rate)

If you would like this leaflet in an alternative format such as another language, large print or Braille, please email **[info@asksal.org.uk](mailto:info@asksal.org.uk)**