



Meaningful Lives Matter A summary of our plan







Essex County Council wants to prioritise 4 areas of work going forward.





Meaningful things to do with my time



relationships



Feeling safe and well



This easy-read booklet explains some of the things we are doing to improve things.



A place to call home



More people will have a place to live that suits them.



People with disabilities will have more independence at home.

There will be:



more people living in their own home with support





care homes which support people with high support needs



more people sharing other people's home with support

Click here for more information about Shared Lives



more people living independently.





There will be a specialist social services team making this happen.



This team will support people who want to live more independently.





Meaningful things to do with my time



There will be better access to meaningful activities for adults with disabilities.

There will be:



more things to do that are important to you and your community



a specialist team to support more companies to employ people with disabilities





better support for people to continue education



community services. For example sports sessions or gardening groups.



There will be more accessible transport.



Community organisations will make their locations more accessible.



Good relationships



There will be more opportunities for adults with disabilities to have good personal and social relationships.

There will be:



befriending schemes like BFriends who support people to make new friends

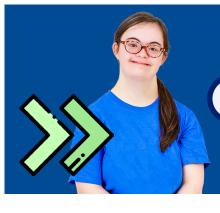


more support to help people to connect more with their local community

Click here for more information about the Local Linked Support team



better support for carers



support to help young people to get ready for their adult lives.



We will review supported living arrangements where several people with disabilities live together.



We will support people who have been victims of crime or abuse.



Feeling safe and well



The health and care needs of people with disabilities will be better met with:



1 support for people to age well



making it easier for people to have support on how to live a healthy life

Click here for more information about health coaching





improved specialist support.

For example, support for people with sight or hearing loss.



good quality care following hospital stays

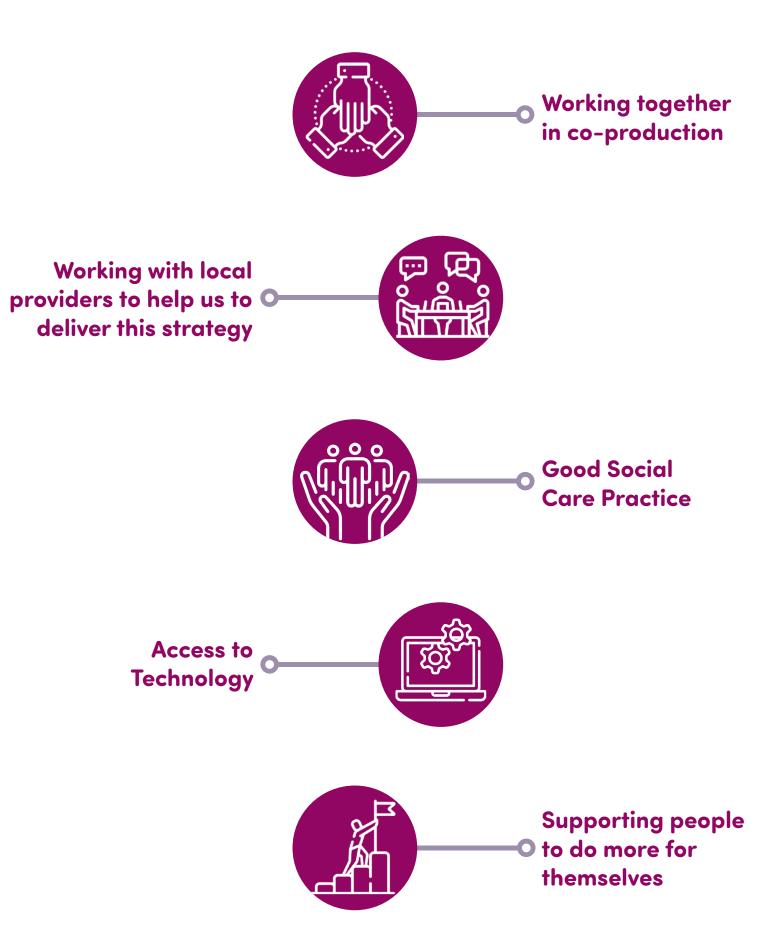


support for people with Long Covid



We will keep a close check on what is really changing for the better.

Our Strategy Themes





Thinklusive

This information is issued by Essex County Council.

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The information contained in this document can be translated, and/or made available in alternative formats, on request.

Published May 2023

A co-production group worked together to make this easy-read document











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