



Essex County Council



Meaningful Lives Matter

A summary of our plan





Essex County Council wants to prioritise 4 areas of work going forward.



1 A place to call home




2 Meaningful things to do with my time




3 Good relationships



4 Feeling safe and well



improvements



This easy-read booklet explains some of the things we are doing to improve things.



1

A place to call home



More people will have a place to live that suits them.



People with disabilities will have more independence at home.

There will be:



1

more people living in their own home with support



2

care homes which support people with high support needs



3

more people sharing other people's home with support

[Click here for more information about Shared Lives](#)



4

more people living independently.



There will be a specialist social services team making this happen.



This team will support people who want to live more independently.





Meaningful things to do with my time

There will be better access to meaningful activities for adults with disabilities.

There will be:



1 more things to do that are important to you and your community



2 a specialist team to support more companies to employ people with disabilities





Education

3

better support for people to continue education



4

community services. For example sports sessions or gardening groups.



There will be more accessible transport.



Community organisations will make their locations more accessible.



Good relationships



There will be more opportunities for adults with disabilities to have good personal and social relationships.

There will be:



1

befriending schemes like BFriends who support people to make new friends



2

more support to help people to connect more with their local community

[Click here for more information about the Local Linked Support team](#)



3

better support for carers



4

support to help young people to get ready for their adult lives.



We will review supported living arrangements where several people with disabilities live together.



We will support people who have been victims of crime or abuse.



4

Feeling safe and well

Local needs



The health and care needs of people with disabilities will be better met with:

1

support for people to age well

2

making it easier for people to have support on how to live a healthy life

[Click here for more information about health coaching](#)



3

improved specialist support.

For example, support for people with sight or hearing loss.



4

good quality care following hospital stays



5

support for people with Long Covid



We will keep a close check on what is really changing for the better.

Our Strategy Themes



**Working together
in co-production**



**Working with local
providers to help us to
deliver this strategy**



**Good Social
Care Practice**



**Access to
Technology**



**Supporting people
to do more for
themselves**



Essex County Council

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This information is issued by Essex County Council.

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